



Students' International Health Association

Local Projects Youth Health Educator Application Form

SIHA - Local Projects is always looking for new volunteers to present our four curricula- "Think Positive, Test Negative HIV/AIDS", "STIs and You", "Diet and Exercise" and "Tobacco Awareness" presentations at Edmonton high schools and youth organizations. All volunteers will go through a short interviewing process and will be required to attend **3 mandatory training sessions**

Training sessions:

Sunday Jan 17th – STI training: 10am - 12pm- room ED 106

Wednesday Jan 20th – Tobacco training: 6pm – 8pm - room ED 177

Saturday Jan 23rd – HIV/AIDS Training: 10am – 5pm- HIV Edmonton (300-11456 Jasper Ave)¹

After completing the training session volunteers are able to

- Teach at schools around their own schedule!
- Directly give input into the direction of SIHA at monthly meetings
- Represent SIHA in various intramurals on campus!
- Brainstorm and participate in fundraising and health awareness events
- Run for Executive positions

Join the Local Team and grab that leadership and teaching experience you have always wanted! Become a volunteer and run for an executive position and be on the forefront of health education!

If you are interested in volunteering, please **submit** this **completed application and a resume** to the SIHA office located in the basement of SUB (Room 040-E) by **Friday, January 15 at 11:00 AM**. Interviews will be done when you hand in the application- Just walk in, it won't take more than 15 minutes!

If you have any questions or concerns please e-mail us at: **siha.local@gmail.com**

Name

Program/Year

Phone Number

E-mail address

¹ SIHA Executive members will be available to transport trainees without alternate transport to HIV Edmonton. Please be at the SIHA office (SUB 040E) at 9:30am to gain transport.

DO NOT SUBMIT THIS PAGE – please keep this for your records

What is SIHA Local?

The Students' International Health Association (SIHA), in partnership with HIV Edmonton and Alberta Health Services, is an active body of interdisciplinary members committed to transforming primary health care philosophy into action. All of our projects are based on the ideals of universal health care with principles of sustainable, community-based programming.

The Local Projects branch of SIHA is dedicated to delivering information about important health topics in the Edmonton Community. This includes HIV/AIDS and positive lifestyle choices to Edmonton high schools, youth organizations and youth shelters. The past six years have seen the successful implementation of our HIV/AIDS/Hepatitis C Youth Education Project, "Think Positive. Test Negative.", as well as our Sexually Transmitted Infections (STIs) curriculum, which aims to provide youth with information on a broad range of sexually transmitted infections.

This year, SIHA Local is introducing two new presentations aimed to educate youth about tobacco cessation/prevention and dietary habits & nutrition. With the help of the Mazankowski Heart Institute, volunteers are thoroughly trained in nutrition and will be delivering our new curriculum "*Battle of the Bulge: Healthy Diet and Exercise*". SIHA's new tobacco curriculum was developed with the help of Mental Health & Addiction Services of Alberta Health Services. Alberta Health Services will also provide extensive training for the tobacco curriculum.

There are 2 phases to member selection. Each involve several objectives and seek different qualifications. They are as follows:

Individual Interview

- Applicants are able to voice concerns and ask questions pertaining to the project.
- Applicants personality is assessed, and the ability to communicate effectively while delivering material of a sensitive nature is examined.
- Applicants ability to act as both a group member and group leader is assessed.

Final Team Selection

- Please note that all members are selected based on several criteria throughout the 2 phases and in the best interests of SIHA, as well as all individual team members as judged by the acting 2008-2009 Executive members.
- The purpose of SIHA is to go and provide a service in the local community. Friendship is a bonus, not the reason we chosen you for an educational project. Being a member of SIHA is to be looked at as having a job with a professional organization.
- If members feel uncomfortable with fellow team members, and feel like issues cannot be resolved they will be asked to remove themselves from the SIHA organization.
- Members are multidisciplinary; no faculty will be given precedence over another.

REMINDER OF MANDATORY TRAINING SESSIONS

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